

13TH IAAH WORLD CONGRESS ON ADOLESCENT HEALTH BEYOND AWARENESS... WORKING FOR CHANGE MONTEGO BAY, JAMAICA, NOVEMBER 6-8, 2025

WORKSHOPS - ENGLISH

8:30 AM - 10:00 AM

- Virginia Byron: Youth Participatory Action Research: Principles, methods, and practical tips
- Deborah Christie: Protecting Ourselves from Burnout: The Role of Health Coaching in Delivering Excellence in Adolescent Medicine
- Helena Fonseca: Parenting and Families during adolescence

ORAL PRESENTATIONS

8:30 AM - 10:00 AM

Mental Health and Substance Abuse

- Michelle Dusko Biferie: Canadian youths' perspectives on mental health: Policies for resilience
- Sasha Fleary: The Relationship Between Health Literacy and Adolescents' Marijuana and Recreational Prescription Drug Use in a US Sample
- Kyle Ganson: Investigating Adverse Events from Appearance- and Performance-Enhancing Drugs and Substances Use among Adolescents
- Kevin Haynes: Scaling Culturally Responsive Mental Health and Substance Use Services for Black Youth: Implementation Insights from AMANI in Ontario, Canada
- Rachel Hussey: The Impact of Resilience and Fear of Missing Out on Depression and Anxiety in Emerging Adults
- Carlos Penilla: INSPIRE: An AI-driven intervention to prevent and reduce adolescent alcohol use among teens

ORAL PRESENTATIONS

8:30 AM - 10:00 AM

Lifestyle and Nutrition

- Lowri Edwards: Identifying Predictors of Multiple Admissions in Medically Unstable Adolescents with Restrictive Eating Disorders
- Regina Guthold: Physical activity among adolescents: A global priority
- Libby Haynes: Combining Work With Study Shows Little Association with Well-being and Dietary Quality in British 17-18 Year Olds
- Rebecca Raeside: Effectiveness of the Health4Me text message intervention to improve adolescent physical activity or nutrition behaviours: a randomised controlled trial
- Bernarda Vogrin: The follow up of Slovenian national programs for overweight and obesity prevention and treatment in children and adolescents
- Helen Weiss: Feasibility and acceptability of a sleep health intervention among adolescents in Ugandan schools: a longitudinal intervention study

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Environmental and Other Health Factors

- Alicia Boatswain-Kyte: Life Satisfaction and Pathways to Higher Education: A Mixed-Methods Study of Black Youth in a Historically Marginalized Urban Neighborhood
- Eliot Dikoru: Social Epidemiology of Climatic Events: Exploring the intersection of climate change and health for in-school adolescent girls
- Johanna Sam: Public Health Crises: The Dual Impact of Climate Change and COVID-19 on Tl'etinqox Indigenous Youth Wellbeing
- Hubbe Ali Syed: Mainstreaming emerging adolescent health & wellbeing concerns including mental health, injuries and addressing gender based violence and adolescent HIV AIDS under National Flagship Programme
- Sonia Taneja: The health impact of psychosocial experiences and social support among transgender adolescents and young adults in India: a qualitative exploration
- Ishwar Tiwari: Canadian Adolescents' Perceptions of how Climate Change Impacts their Mental Health: A Qualitative, Cross-sectional Analysis

ORAL PRESENTATIONS

8:30 AM - 10:00 AM

Violence

- Nicholas Adjei: Impact of family childhood adversity on risk of violence and involvement with police in adolescence: Findings from the UK millennium cohort study
- Rasnat Chowdhury: Victims or perpetrators? Youth mothers involvement with the child welfare system in Ontario and their experiences of intimate partner violence.
- Travonne Edwards: Examining the Racial Disparities in Physical Abuse Investigations and Substantiations for Black Families in Ontario
- Manuel Ángel Oscós-Sánchez: Risk of Exposure to Violence in 2023 and 2024 among Adolescents and Young Adults in the Americas
- Astha Ramaiya: Examining trajectories of peer violence experiences and their association with gender norms and agency among adolescents: Evidence from China, Democratic Republic of Congo and Indonesia
- Astha Ramaiya: Assess the role of sex and gender in peer violence trends during adolescence: A longitudinal study from Kinshasa, Democratic Republic of Congo

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MORNING SESSION

10:00 AM - 10:30 AM

- Fouzia Shafique - Brief Remarks from UNICEF
- Keynote Speaker - Jevanic Henry - Addressing Adolescent Health: A Catalyst for Advancing a Climate Resilient Society

PLENARY

10:30 AM - 12:00PM

- IAAH Founder and Young Professional Awards
- Prerna Banati And Regina Guthold, World Health Organization - New Guidelines and Competencies for Adolescent Health
- Susan Sawyer, Augustina Mensa-Kwao And Russell Viner - 2nd Lancet Commission on Adolescent Health and Well-being

INTRODUCTION OF NEW OFFICERS AND COUNCIL

12:00 PM - 12:15 PM

LUNCH AND POSTER WALK

12:15 PM - 1:15 PM

WORKSHOPS - ENGLISH

1:15 PM - 2:45 PM

- Edith Apondi: Implementing Adolescent Responsive Health Services in Sub-Saharan Africa
 - Kirsten Boisen: Putting Policy into Practice: how to implement the IAAH Policy on Education & Training of Healthcare Professionals in your area
 - Areej Hassan: Adolescent Sexual and Reproductive Health Goals and the 2030 Global Agenda for Sustainable Development: Progress, Prospects, and Challenges
 - Kara Hunersen: How do gender systems, social norms, and interventions that address gender impact the health of adolescent boys across contexts?
 - Qihui Ma: UNICEF: Driving Change for Adolescent Health through Integrated Approaches and Youth Led-Action
 - Maria Rahmandar: 13 Reasons Why to Screen for Suicide: Putting Guidance into Practice
 - Dyana Safitri Velies: From Ideas to Impact: A Practical Guide to Build Grassroots Sustainable Initiatives in Adolescent Health
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BREAK

2:45 PM - 3:00 PM

WORKSHOPS - ENGLISH

3:00 PM - 4:30 PM

- Merrian Brooks: 'Autonomy is not automatic: How clinicians can serve as catalysts using positive youth development
 - Yvette Efevbera: Reimagining Gender-Based Violence Prevention: A Conversation with Philanthropy and Movement Leaders from the Africa, the U.S., and the Diaspora
 - Regina Guthold: Using adolescent health data for action: Experiences from culturally diverse countries
 - Stephanie Partridge: How to lead research with impact: how to plan, measure and track your impact!
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